The Great Lent (50 days)

The Great Lent are the most important days in the cycle of events in Christian faith. It is specifically set apart as a time of fast, prayer and meditation wherein the work and life of Jesus Christ is remembered. The Christians connect themselves to his passion and death on the cross.

Lent is a spiritual retreat of the church through which the members of the church meditate upon the cross of the Christ and submit to it in a sense of complete repentance. It is a period of fasting and introspection. Lent is based on the spiritual practice of fasting & prayers, both in old testament and in new testament.

Events during Fifty Days:

- 1) First Wednesday of the 50 days is known as "Ash Wednesday". Ash symbolizes repentance.
- 2) Feast of Annunciation: The announcement of the Christ's birth to Virgin Mary.
- 3) Palm Sunday: On this day the triumphal entry of Jesus into Jerusalem is remembered.
- 4) Maundy Thursday: It denotes the last meal of Jesus Christ with his disciples before his crucifixion.
- 5) Good Friday: This day, Lord Jesus Christ was crucified for the remission of mankind's sins.

Easter: It marks the resurrection of Lord Jesus. It is believed that he rose from death on the 3^{rd} day after Good Friday.

SPS, Gurgaon