



Highlights of Salwan Public School (Morning)

FITNESS FOR ALL - SANJEEVANI- HEALTH MELA 31st January, 2015



Good health is a pre-requisite to all round development of an individual. Research has shown that the relationship of nutritious diet, cognition and well-being is important for whole brain thinking which in turn promotes better and effective learning.

Keeping the same objective in mind, our School organized 'Sanjeevani'-Health Mela 2015. This grand occasion was an amalgamation of health check-ups, consultation with specialists, cultural programme promoting healthy living and various stalls promoting health awareness through Health Games, Medical Tourism, Life Skills, Healthy Food, etc. The distinguished guests who attended the programme included Mr. Naresh Kapoor-Director, CEO BLK Super Specialty Hospital and Mr. Jitender Nagpal, Eminent Psychiatrist.

The cultural programme included Health Song, Aerobics Drill and a unique Maths Dance. In addition to this, there were competitions like Graffiti Wall Painting and Nukkad Natak for both students and parents. Doctors with different specializations were invited for talks on various health related topics. Important tips for healthy living were shared. Balanced diet and healthy nutrition along with a regular regime of exercise was emphasized upon. Another important part of the occasion was the Prize Distribution Ceremony where students were awarded in both scholastic and co-scholastic domains.

Learning Outcome:

- Importance of healthy living and family health.
- Role of discipline in promoting healthy living.
- Need to change sedentary lifestyle by taking up a sport or exercising regularly.
- Need to keep obesity at bay by eating healthy and in moderation.
- Importance of families having at least one meal together every day for both mental and physical well being.

WALKING DOWN THE MEMORY LANE WITH PROF. ASHISH NANDA -30th January, 2015



The school proudly welcomed back its illustrious Alumnus, Prof Ashish Nanda, Director, Indian Institute of Management, Ahmedabad. It was indeed a very proud moment for Salwanians to interact with such an eminent personality. The student council gifted Prof. Nanda a collage with his old photographs and his achievements in the school which he acknowledged as a prized possession.

Learning Outcome:

ideals of honesty and sincerity in one's life were learnt.
importance of exploring new dimensions of knowledge.
working towards one's goal with a focused mind.

LEARNING THROUGH STORIES

WORKSHOP BY AUTHORS AND STORYTELLERS FROM SINGAPORE 14th February, 2015



A workshop by authors and storytellers from Singapore was organized for teachers in the Multipurpose Hall of the school. We were privileged to have the distinguished presence of Mr. Otto Fong and Ms Rosemarie Somaiah who conducted captivating storytelling sessions for the teachers of the school. Both these distinguished personalities represented Singapore, the Guest of Honour Country at the World Book Fair this year at Pragati Maidan.

Learning Outcome:

- Effective tips on making dull, difficult science topics interesting and easy to understand by the use of cartoon characters and stories.
- Explaining complex concepts of physics and chemistry by the use of interesting comic strips.
- Using body language to create an impact on the young learner's mind through storytelling to inculcate moral values and discipline.

REACHING OUT TO FLOOD AFFECTED STUDENTS IN KASHMIR

24th December, 2014 to 5th January, 2015



Dr. (Mrs.) Indu Kheterpal, the Principal and Saurabh Malhotra PGT (Economics) visited DPS Srinagar, Jammu and Kashmir under a CBSE initiative to teach the students affected by the flood. The purpose was to clear their doubts and to apprise them with the latest pattern of the question paper. HOTS/MCQs/VBQs/ Multi-disciplinary questions of the subject were also discussed in detail with the fellow teachers.

MARCHING FORWARD - ANNUAL SPORTS DAY (PRIMARY) 20th December, 2014



With the aim of grooming champions of tomorrow, the *Junior Wing* of Salwan Public School, Rajendra Nagar hosted 'Marching Forward', the Annual Sports Day in the school grounds. Unravelling hidden reserves of strength, determination and focus, this year the event amalgamated a broad range of exciting displays and multifarious activities. The objective of the event was to nurture in pupils qualities and life-skills such as resilience, self-confidence, perseverance, consistency, leadership, sportsmanship and team-spirit.

Learning Outcome:

- Budding sports stars were encouraged by providing equal opportunity to all students.
- A unique platform for nurturing talents and developing skills.



SKILLS TO SUCCESSFUL LIVING - CBSE 3rd LIFESKILLS SUMMITS November – December 2014

November – December 2014



Four students - Ridhima Manocha, Mayank Thapar, Raghav Bhatia and Parth Mahajan accompanied by one teacher participated in CBSE 3rd Life Skills Summit at National Science Centre, Pragati Maidan on 25th and 26th November 2014.

The two days summit included:

- Well being Exhibition-models from Tod Fod Jod Club, Best out of Waste, Metro Murals, Life skills Bookmarks and Whole Brain Thinking.
- Wellness Elocution
- Whiz Quiz
- Thematic Jingle Making
- Gender Theme Song Recitation



At the **International Level Summit** organised in December, 2014 our school bagged the Third position in the Whiz Quiz, Fourth position in the Gender Theme Song Competition Fifth position in the Create A Thematic Jingle Competition amongst the 160 participating schools from India and abroad. The lyrics of the song and the jingle are as follows:

Song on Gender Equality

Title- **One And The Same**

Same capabilities

Same are our dreams

Same stories

Then what are these divisions for?

Different opportunities

Different treatment

Different ties

Modern in show, but not at heart.

We grew up together, yet the lives of differences

Never a blur (Never a blur woah)

Chorus:

woah woah woah woah

You know we ain't

Yeah Yeah Yeah Yeah

Different

Woah Woah Woah Woah

And yeah, we're meant to

Be one and the same

God made us equal

You made all of these inequalities

Well, who gave you the right, hey!

God called us humans

You told us we're different

Who told you?

You could, Oh how could you do it?

Chorus:

We grew up in the same land

We are one (We are one)

So let us stand hand in hand!

JINGLE

Topic- Jiyo Aur Jeene Do

Suno!

Let the truth be said

Suno!

There are challenges ahead

Suno!

Let's get through this together

Bina mane haar

Suno!

Hindu Muslim Sikh Issai

Suno!



Aapas me hai bhai bhai
Suno!
Bachpan se we have learnt
To badhao na pyaar

Chorus:

Toh suno mere yaar!
Kyun hum cheene kisi se
Unke jeene ka adhikaar
Sab aapas me mil julkar
Bhi reh sakte hai yaar

Jiyo jiyo jiyo, aur jeene do
Na kheecho ye dhaar
Kyunki ek hi hai yeh zindagi
Na milegi baar baar

Toh suno mere yaar, baato thoda pyaar
Kyunki ek hi zindagi hai yaar!
Suno!

Sessions at the International summit included topics such as inclusive practices and health promoting schools of india and an interactive session on POCSO Act and the allied areas.

The highlight of the summits was Youth Health Parliament where the students got the opportunity to interact and work with students of other schools to discuss various sensitive issues affecting the nation's development.

Learning Outcomes:

- The need to inculcate in our learners the values and a sense that "You are nobody without other", to celebrate "The Other" and that Education is about Celebrating the other.
- The need to build collaborative and compassionate classrooms in the present era of globalization.
- The potential in every child needs to be identified and nurtured.
- The teachers to strive to enable the learners to set realistic goals.
- Importance of giving the child a chance to participate, to be heard. If a child shares with us any instance of abuse that has taken place or there is a probability of an abuse, as a teacher it is our legal duty to take action and report the matter to the Head of the institution. An FIR should be filed immediately.
- The need to organise sessions for the entire staff including not only teachers but also lab assistants, peons, MTS and security gaurds to make them aware of the various signals/warnings of child abuse.



A Science Carnival: "Born to Innovate" was held at the School on the occasion of Children's Day. The carnival was organized by Intel Education to raise awareness and engage the young generation with informal Science learning.

The Carnival aimed to provide opportunities for children to positively engage with and build a community around Science, Maths, Engineering, and Technology (STEM) fields in an informal learning atmosphere thus enhancing skill development and building intellectual capacity among the young generation, to foster innovation and thus realise the Prime Minister, Sh. Narendra Modi's vision: "Make in India".

The carnival featured hands on activities and a variety of other informal Science Education experiences such as creating a crazy ball using borax solution and synthetic glue, defying gravity, creating a straw atomizer and understanding the Bernoulli principle in a real life application, etc. The most appreciated activity was the making of fancy bands using LEDs and ribbons. Students were also engaged in activities like converting two dimensional shapes into three dimensional ones and verifying the Euler's formula in the Maths workshop.

The students presented a cultural extravaganza titled "Zero to Infinity" featuring the journey from creation of life to the current break through into space to traverse the Infinity.

400 students from the Salwan Group of schools in Rajendra Nagar campus participated in the Carnival. Mrs. Meenakshi Lekhi, Member of Parliament who was the Chief Guest on the occasion, launched the "Tech Girlz" programme, motivating the students, especially girls to come forward and engage in Science learning.

CHILDREN AS WRITERS

Ridhima Manocha of IX E has brought out her first publication :**THE SUN AND SHADOW** - a collection of self composed poems woven in peace and tranquility. The central theme is the realities of life and death. The poems reflect the basic human experiences and dilemmas and at the same time evoke the senses and feelings of hope and faith and the basic human emotions deeply buried in every heart. An extract from the book is as follows:

THE ECLIPSE

The Sun and the Moon above the sky;
they love each other even when the love of the humans
dies.

Generation-generation, but their love is perpetual,
where chasing each other has become a ritual.

When the Sun needs rest,
The moon tries to provide light by giving its best.

When the Moon's tired,
the sun provides light with its blazing fire.

Every little-little needs of each other they knew,
Even when they meet each other so few.

But they meet once in a while,
And leave me with a smile.

When they meet, the whole world is in awe,
According to them, it's probably a nature's flaw;

But that's not true,
Because when they meet, the Moon whispers "I LOVE YOU."

according to the people it might be an eclipse,
But that's the time when the sun plants a kiss.

Aryan Gulati of VII B has published his first work Fly Gun which is available on kindle. Inspired by his friend Viraj, Aryan in his book talks of Jimmy - a boy who struggles in his academics and is later able to escape his bad luck. He takes up a dangerous journey to explore new worlds.

C.B.S.E. REGIONAL LEVEL SCIENCE EXHIBITION – 2014-15



Two exhibits from our school were showcased in C.B.S.E. Regional level Science Exhibition - 2015 under the sub theme: - Community Health and Environment. The Exhibit: Evaluation of antibacterial properties, extraction of essential oil of *Lantana camara* and its applications has been selected for the National level event.

Lantana camara, a herb with beautiful flowers is native to North East . Though a weed, it has lots of medicinal properties and is found in abundance throughout the year, not only in North East but all over India. It is used by traditional healers for curing various diseases. These facts inspired our students to explore medicinal properties of this plant.

LEARNING OUTCOMES:-

- The participants gained insightful information while conversing with the judges
- They were enthusiastic to learn and share the further utility and scope of the exhibits to explore and give shape to their innovative ideas.
- They learned, gained knowledge and discussed the ideas of the exhibits of other participating schools.

SET: SCHOOL CALENDAR 2015.



Calendar on the theme: Progress of Education in India has been designed by the Faculty of Social Science, Salwan Public School Rajendra Nagar. In addition to being very informative, it provides scope for various Formative Assessment Activities. Some of these include Research Project on Progress of Science or Contributions of Luminaries, Preparing a Scrap book on Nobel Laureates, Presentations on Natural Phenomena / Universe, Diary entry/ Travelogue, Making a Journal – Evolution of the Number system, etc.

ROBOTICS EXHIBITION 31st January, 2015



A Robotics Exhibition was organized on the theme “Robots for Society”. Several Robots made by the senior members of club were showcased.

The main attraction of the highly impressive exhibition was the QUADCOPTER. It was designed and programmed by IIT and IIM alumni. The other main attraction was humanoid robot which covered the video recording of the exhibition shown live on a screen. Among others, there was 3*3 Rubik’s Cube solver which caught the attention of everyone. Various other robots like Paper Cutting Robot, Security Bot, Artbot, Path Tracking Robot, Santa & Rudolph, Dancing Robot, etc were demonstrated by our students.

The exhibition offered a brainstorming and an accessible opportunity for students to design, implement, and demonstrate functional robots. The tasks involved creating a Robot using the LEGO Mindstorms Kit and then giving computer programs for its functioning.

Learning Outcome:

- The exhibition offered a brainstorming and an accessible opportunity for students to design, implement, and demonstrate functional robots.

CULTURAL EXCHANGE PROGRAMMES

THE SCHOOL HOSTED DELEGATES FROM SINGAPORE ON 8TH SEPTEMBER

- Visit by Delegates from Seymour College, Australia and Choice School, Kochi 19th- 22nd December, 2014.
- A host of activities were organised for the visiting schools.
- Assembly presentations, Science related activities, Origami, Dance Workshop, Art and Craft learning.

Oorja Sakery of class XI has been awarded by the HRD minister under CBSE Project -UDAAN.

The project UDAAN has been launched to address the teaching gap between school education and Engineering entrance, as also to enrich the teaching and learning of Science and Mathematics at School Level. The project aims to provide free online resources and special incentives to girl students of Class XI and Class XII for preparation of admission test to the premier engineering colleges in the country.

Tutorials, lectures and study material for preparation for IIT JEE is provided online and on the tablets given to the students. There is a Comprehensive assessment system which results in accumulation of reward points. Financial assistance by means of reward points redeemed towards fees in IITs and NITs is also there. Student helpline to enhance learning and periodic counseling to motivate students and parents are the special features of this program.

SUPER SINGER CONTEST

Harjot Kaur was declared 1st Runner up in the Popular Choice Award in SUPER SINGER contest.

Harjot was one of the top finalists chosen out of 60,000 contestants who participated in various rounds.

DIGITAL LEARNING AWARD

THE School has been ranked, among the top 20 schools of the city by 'Digital Learning' magazine.



Inter Zonal Chess Championship	II & III Position
CBSE Athletics Cluster Championship, 2014-15	3 Gold Medals
Zonal Athletics Championship	4 Gold, 4 Silver, & 14 Bronze
Zonal Level Volleyball Tournament: Girls	Silver medal
CBSE North Zone Taekwando	Luvish won a Bronze medal.
74th Delhi State Athletics Competition	Shuchika Kaul Won II Position in Shot put
CBSE Chess Championship	Sparsh Bansal: Board winner

BEST TEACHING PRACTICES



One Nation Reading Together- The school celebrated National Reading Day on November 28, 2014 to inculcate good reading habits. A special assembly was conducted to enlighten the students about the importance of reading books. All the students took a pledge to continue the habit of reading. The avid readers were also encouraged through appreciation certificates. The students and teachers came together and read their favourite books for an hour. The students enjoyed this activity a lot and shared their learnings with each other.

Creating New Milestones- Salwan Public School Afternoon and Loxford School of Science and Technology, U.K. kept the valuable partnership alive with both the schools paying regular visits and thereby enriching themselves by sharing resources and expertise. In the month of February, the school witnessed the visit of Ms. Anita Johnson, Principal Loxford School of Science and Technology, U.K. A special assembly showcasing the rich cultural heritage of India was organized. The partner schools shared the best and innovative practices followed in their respective institutions. Due to the successful implementation of the Global Exchange Programme and Reciprocal Visits for the past four years, this partnership has been recognized as the best partnership by the British Council.

Safety Comes First - In order to spread awareness about road safety among school children, a special assembly on Traffic Rules and Regulations was conducted on December 18, 2014. Mr. Ved Prakash from the Delhi Traffic Police addressed the gathering and threw light on the rules and regulations to be followed on the roads. Stress was laid on dos and don'ts while driving and crossing the roads. He further explained the harmful consequences of road rage. The students were asked questions regarding the same and they took keen interest in answering them. The speaker gave away gift hampers to the students as a token of appreciation.



Collaborative Learning with Tony Blair's Face to Faith Foundation- A video conference was held in the month of December with Xavier's University High School and Bal Bharti Public School Pitampura. During this conference, students discussed at length what compassion means to them and the need to be empathetic not only towards humans but also towards plants and animals. They explained the school motto "Service Before Self" as a prime motivation for them to be compassionate.

Innovative methods

Education is the light that shows the mankind the right direction to surge. The purpose of education is not just making a student literate but also developing rational thinking and self-sufficiency. Where there is a willingness to change, there is hope for progress in any field. Today's students want an education that meets their individual needs, and opportunities that connect them to what is happening around the globe. This challenges the teachers to bring innovation to classroom environments and make learning exciting, challenging and more rewarding.

English

- **Create a Documentary**
- **Comic Strips**
- **Newsletter (Multi-disciplinary Activity)**
- **Enacting a fable**

Learning Outcomes:

- Students demonstrated advanced knowledge and critical understanding of the technological and creative processes involved in the production of short films and documentaries.
- They also learnt to work collaboratively with others while respecting their perspectives and thought processes.
- Students were able to prepare, organize, and deliver engaging oral presentations
- They practiced writing as a process of motivated inquiry, engaging other writers' ideas as they explore and develop their own.

Hindi

- **Slogan Writing**
- **Puppet Show**
- **Movie Review**
- **Biographical Enactment**

Learning Outcomes:

- Students enhanced their vocabulary, built confidence and developed creativity.
- They got inspired from the life of Pt. Girdhari Lal Salwan.



Sanskrit

- Card Making
- Family Tree
- Making PPTs
- Creating a Dictionary
- Poster Making

Learning Outcomes:

- Students showcased their creativity and imagination.
- They enhanced their vocabulary.
- They were encouraged to use Sanskrit in their day – to – day life.
- They learnt to express their views and thoughts on prevalent social issues.

Mathematics

- Finding the area of the basketball court.
- Finding Curved Surface Area of a cylinder.
- Toothpick Games.

Learning Outcomes:

- Students understood the practical application of finding area and perimeter of the school ground and basket ball court.
- They learnt to find the surface area of cylinder using a road roller.
- They learnt the importance of places in reading and writing of numbers.

General Science

- Molecular arrangement in states of Matter
- Dramatization of Scientific Principles
- Designing a unique Umbrella Fan

Learning Outcomes:

- Students learnt about the molecular arrangements of matter through enactment.
- They learnt about the complex principles of Science through dramatization.
- A unique 'Umbrella Fan' was also created applying scientific principles.



Social Science

- Visits to Old Fort and Holy Shrines
- Show and Tell – Textiles of India
- Making Artifacts

Learning Outcomes:

- Students fostered the spirit of enquiry.
- They reconstructed the past in the form of artifacts.
- They imbibed feelings of brotherhood and harmony.
- They learnt about the reasons behind the choice of clothes worn in a particular part of India.

ACTIVITIES



Eat Healthy Live Healthy

“My Fruit Funda”, a health programme was organized in collaboration with the NGO HRIDAY to instill the habit of eating judiciously and adopting a healthy lifestyle. Students were shown a power point presentation followed by a quiz conducted by the peer leaders to send the message across. A Food Festival was also organized for the primary students which gave them an insight into various kinds of foods required for a healthy body.



Science Day Celebration

On January 20, 2014 a special assembly was conducted to celebrate Science Day. The students were made aware about the disease swine flu and rising pollution levels. A group song was sung on the glory of Sun and a beautiful dance was performed showcasing the damage caused to environment by man. The Science faculty urged the students to keep the spirit of enquiry high and asked them to take up one query everyday to enhance their reservoir of knowledge and scientific acumen. A documentary was also shown on the life and works of renowned Physicist C. V Raman.



Celebrating World Heritage Day

On the occasion of World Heritage Day, the students of Classes VIII to X got an opportunity to visit the Old Fort and see the exhibition organized by Archaeological Survey of India. They were very enthusiastic to see the various objects like terracotta figurines, micro beads, semi-precious stones, coins, charred wheat and rice grains belonging to the Gupta, Kushan and Mauryan Periods. Along with excavations and exhibition, students also visited various monuments inside the Old Fort like Sher Mandal and Humayun ka Darwaza.

Learning Outcomes:

- The students learnt about the architectural wonders of the Sultanate and the Mughal period.

ACHIEVEMENTS



Prize Galore

1. Inter-School 'Kids for Tiger' Competitions were organized at Modern School, Barakhamba Road on the theme '**NATURE NEEDS HALF**'. It was a glorious moment for the school when its students showcased their best creating a niche for themselves in the following events.
 - Nukkad Natak Competition – First prize
 - Poetry Writing Competition – Sheetal Mahajan, Class-IX – First Prize
 - Tattoo Craft – Trit Sharma, Class-X – Third Prize
 - Poster Making Competition – Hemant Yadav, Class X- Special Mention



As the freezing winter loosens its grip over the national capital, and glistening new leaves begin to spring on trees, it is time for a new beginning! Allow the warm and sunny rays of joy and positivity in your lives and let them dissolve your winter inertia, and restore you to life. Let us welcome life with a smile each morning and see our lives shining in the smiles!!

Here is a glimpse into the school life,

The Cleanliness Initiatives

Whoever says childhood is synonymous to messiness, should visit Salwan Montessori School. The tender hands with brooms, mops and dusters made the school sparkling clean. There was excitement in their eyes and cheer in their mission. The tiny tots were involved in awakening the masses too. The innocent lips spoke big messages of clean India in their Nukkad naatak. The kindergarteners took a pledge to keep their surroundings clean. As the pledge echoed, it inspired the caregivers too to take a head start to clean India.

Adventure Day Camp - Highway to leadership

An Adventure Day Camp was organized at Camp NH-1, Bakhtawarpur, Delhi on the 8th of November.

An annual feature of our school, the Day Camp was a unique experience that offered a safe, lively and adventurous environment to our children. The camp was set up in the green lawns of a beautiful farm, allowing children to experience the freedom and beauty of nature. The children enjoyed challenging activities like Rappelling, Wall climbing, Burma Bridge, Commando Net, Commando Crawl, Three Tyre Hurdle etc, gaining confidence as well as experiential learning.

Annual Sports Day –Grooming Champions of Tomorrow

The school celebrated 'Marching Forward', the Annual Sports Day on Saturday, 20th December, 2014 Sports Day endeavours to provide a unique platform for nurturing talents and developing skills.

The event aims at encouraging budding sports stars and providing equal opportunity to all students.

The event amalgamated a broad range of exciting displays and multifarious activities to nurture in pupils qualities and life-skills such as resilience, self-confidence, perseverance, consistency, leadership, sportsmanship and team-spirit. The young Salwanians enthralled one and all.



Learning is Fun when every day is a celebration

Values need to be fostered in today's generation and to catch them young is the aim of special assemblies. It is not how much one learns, it is how well it is learnt. To be a teacher is to see everything in terms of how it can be harnessed for learning. Our assemblies are a combination of dance, drama, recitation, singing. The festivals and celebrations in this term – Gandhi Jayanti, Children's day, Dussehra, Diwali, Gurupurab, Christmas, Lohri together have fostered continuous learning. Students live and learn in an environment that helps them grow in the most desirable ways.

Brainstorming at Brainvita – Quiz-o-Fun

Brainvita Quiz-o-Fun was organized on 10th March 2014 for class KG students. The quiz rounds included English, Maths, Environmental Studies and General Knowledge. The Team members of each class displayed intellect, promptness, general awareness and confidence.

Calligraphia –Write Right

Mastering the pincer grip, in their quest for excellence, students have started writing very beautifully. The students now understand the value of neatness and accuracy in strokes to get beautiful formations. To reward their efforts and further motivate them to write with concentration, calligraphy day was organized. Children were to write a few lines in Hindi and English on 10th February 2015. Prize winners were given certificates of appreciation.

Creating Connections Through Art & Craft

Young children are eager learners. But due to their limited language, they learn more from hands-on experiences rather than from verbal instruction. They learn by moving, touching, exploring, discovering -using their five senses and movement as they learn about their expanding world.

Craft and art are important mediums of playful learning. They will learn from what is interesting to them and they are capable of understanding, and doing, for their age and abilities. Children enjoy touching different textures and exploring materials as well as putting together and taking apart objects to create something unique - or just for the joy of exploring and changing something.

- **Creativity:** Assembling something unique
- **Planning:** Thinking, following through, finishing a project
- **Cognitive Skills:** Linear or sequential thinking to reach the desired result.
- **Knowledge:** Learning about their world by exploring textures, materials, reactions.
- **Fine Motor Skills:** Feeling, manipulating, sorting, arranging, pushing, placing objects