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# NAVRIKA

A JOURNAL OF EARLY CHILDHOOD CARE AND EDUCATION

By Salwan Education Trust

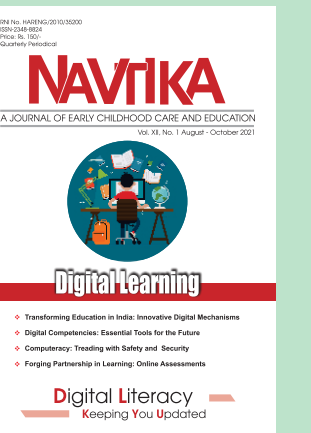
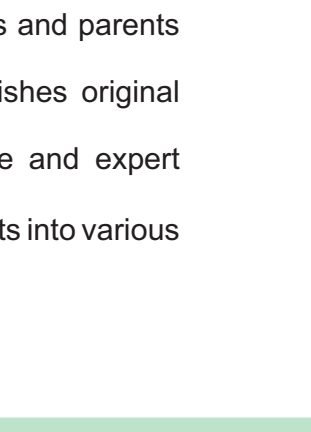
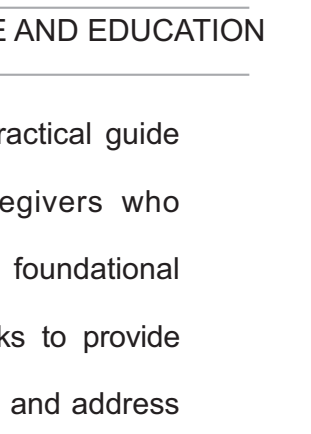
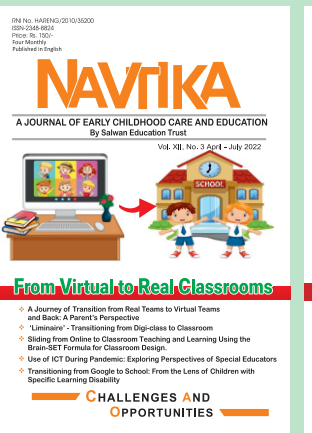
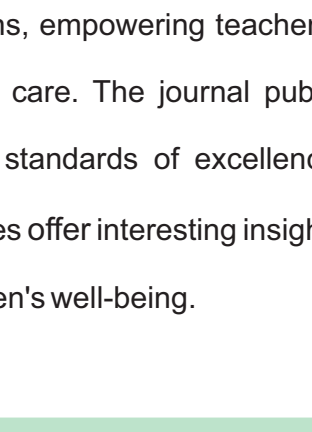
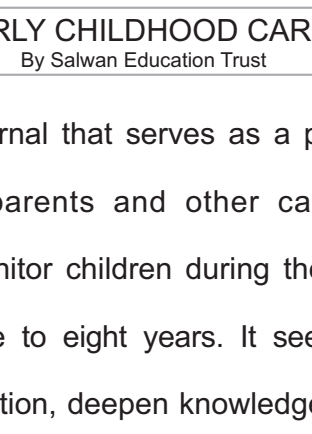
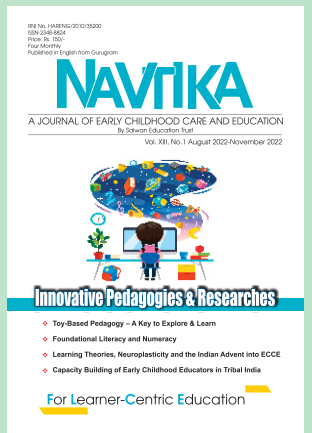
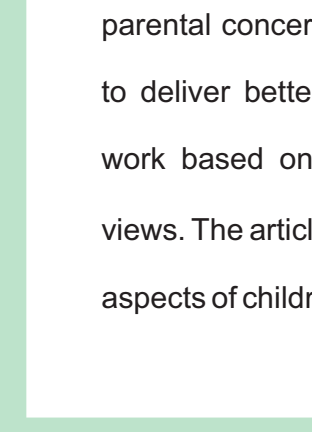
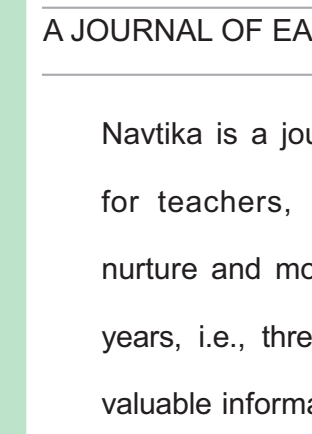
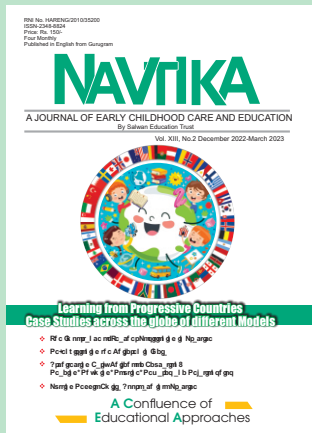
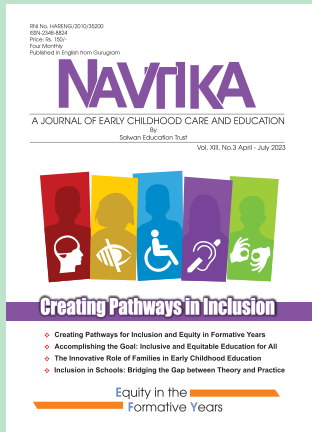
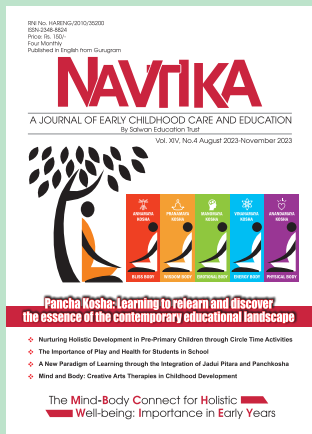
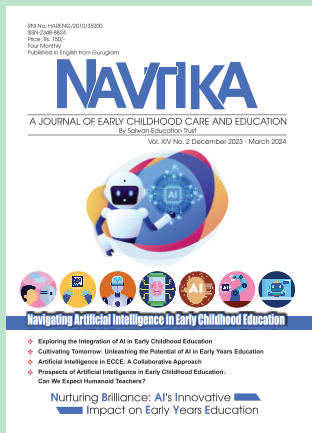
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## Personalized Learning Journeys: Tailoring Education for Every Learner

- ❖ Cultivating Educational Trailblazers: Empowering Personalised Learning Advocates
- ❖ Personalized Learning Paradigm: Integrating Theoretical Foundations and Pedagogical Practices
- ❖ Personalized Learning in Early Childhood Education: Nurturing Young Minds through Individualized Approaches
- ❖ Optimizing Early Education: The Impact of Extending the Foundational Stage by One Year

A Learning Expedition where  
Education Meets Individuality



# NAVTIKA

A JOURNAL OF EARLY CHILDHOOD CARE AND EDUCATION  
By Salwan Education Trust

Navtika is a journal that serves as a practical guide for teachers, parents and other caregivers who nurture and monitor children during the foundational years, i.e., three to eight years. It seeks to provide valuable information, deepen knowledge and address parental concerns, empowering teachers and parents to deliver better care. The journal publishes original work based on standards of excellence and expert views. The articles offer interesting insights into various aspects of children's well-being.

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# FROM THE

## EDITOR-IN-CHIEF'S DESK

### Nurturing Potential: The Importance of Personalised Early Childhood Education

In the delicate years of early childhood, every experience shapes the foundation of a child's future. From the first babbling words to the exploration of the world around, this formative period lays the foundation for continuous growth and lifelong discovery. In this crucial stage, the concept of personalised early childhood education emerges as a cornerstone, offering tailored support and guidance that honour the unique needs and abilities of each child.

Imagine a bustling pre-school classroom, alive with the laughter and curiosity of young learners. Among them is a spirited four-year-old boy with a passion for building blocks and a boundless imagination. In a personalised early childhood setting, his interests are not just acknowledged but celebrated. His teachers create learning experiences that integrate his love for building, sparking his creativity and laying the groundwork for future exploration in STEM (science, technology, engineering and mathematics) fields.

Meanwhile, across the room is a shy three-year-old girl with a flair for storytelling. In a traditional classroom, her quiet demeanour might go unnoticed, overshadowed by more vocal peers. However, in a personalised setting, her teachers recognise her unique strengths and provide opportunities for her to express herself through storytelling, nurturing her communication skills and self-confidence.

These vignettes illustrate the transformative power of personalised early childhood education. By recognising and building upon each child's strengths and interests, educators create a nurturing environment where every child feels valued and empowered to explore the world around them.

Moreover, personalised early childhood education lays the groundwork for future academic success and socio-emotional well-being. By tailoring learning experiences to individual needs, educators can address developmental milestones at each child's own pace, ensuring that no child is left behind. This not only fosters a love for learning but also cultivates essential skills such as problem-solving, collaboration, and resilience which are critical for success in school and beyond.

Yet, the importance of personalised early childhood education extends beyond academic achievement. It is a catalyst for social change, levelling the playing field and breaking down barriers to opportunity. By providing equal opportunity to high-quality early childhood education, regardless of socio-economic background or ability, we can create a more inclusive society where every child has the chance to reach their full potential.

As we navigate the complexities of early childhood education, let us remember that every child is unique, with their dreams, talents, and challenges. Let us embrace the promise of personalised learning to nurture the potential within each child, laying the groundwork for a brighter, more equitable future for generations to come. For in the early years of childhood lies the seed of possibility—a seed that, when nurtured with care and intention, has the power to blossom into a future filled with promise and opportunity.

All articles in this issue of Navtika have been peer-reviewed and critically assessed for academic authenticity and accuracy.

Dr. (Mrs.) Indu Khetarpal

Editor-in-Chief

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# Perspectives from the Guest Editor

## Holistic Approach to Early Childhood Education & Foundational Learning

Prof. Venita Kaul

### The Learning Crisis in India

Despite advancing to higher grades, children across public and private schools are not mastering the fundamentals of reading, writing, and mathematics in primary education, as indicated by surveys conducted by the Annual Status of Education Report (ASER) and the National Council of Educational Research and Training (NCERT).

In many instances, children can read fluently, but they exhibit low levels of comprehension, primarily due to insufficient proficiency in the medium of instruction. This deficiency often results in reliance on rote learning methods.

Children aged 5 years and above are not displaying the cognitive and language readiness necessary for effective learning in school.

Is our classroom methodology and curriculum adapting to the rapidly changing world?

- Using English as the medium of instruction poses challenges: Children resort to rote learning, focusing on information retention and assessments.
- Teachers predominantly adopt a didactic approach in the classroom.
- Traditional teaching methods prioritise memorisation of alphabets and numbers over fostering creativity, critical thinking, and conceptual understanding.
- Pedagogical practices continue to emphasise uniform and repetitive learning, lacking innovation. There's a need for a transition towards early learning curriculum and methodologies.
- The significance of parents' status,

## Read More....



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***"Fairness does not mean  
everyone gets the same.  
Fairness means everyone  
gets what they need."***

**Rick Riordan (2010), an American Author,  
"The Kane Chronicles, The, Book One: Red Pyramid"**